

# Implementation Guide

What	When	Who	How
<p><b>Step 1</b></p> <p><b>Ask</b> all patients about smoking status, family members' smoking status, household smoking rules, and assess readiness of tobacco users to quit.</p> <ul style="list-style-type: none"> <li>“Do you currently use any tobacco products?”</li> </ul>	<ul style="list-style-type: none"> <li>At the front desk</li> <li>During vital signs</li> <li>During the visit</li> <li>Upon admission to hospital</li> </ul>	<ul style="list-style-type: none"> <li>The receptionist, physician, medical assistant, nurse, other administrative or clinical staff</li> </ul>	<ul style="list-style-type: none"> <li>Use social history or other assessment forms to identify smoking status</li> <li>Document in medical records</li> <li>If using an electronic health record (EHR), be sure to document in a structured data field</li> </ul>
<p><b>Step 2</b></p> <p><b>Assist</b> and advise all tobacco users who want to quit and prescribe or recommend medication, if appropriate, or refer tobacco user to their primary care provider.</p> <ul style="list-style-type: none"> <li>A strong, personalized message from a health care provider increases the chance of quitting success</li> <li>“Quitting smoking is the best thing you can do for your health.”</li> </ul>	<ul style="list-style-type: none"> <li>During the visit</li> <li>During the hospital stay</li> </ul>	<ul style="list-style-type: none"> <li>A physician, physician assistant, nurse, nurse practitioner, counselor, health educator or any other clinical staff</li> </ul>	<ul style="list-style-type: none"> <li>Address tobacco use and second-hand smoke exposure at every visit</li> <li>Use the <a href="#">QUITWORKS-RI brochure</a> to advise the smoker to quit and establish a no-smoking rule in the home; brochures can be ordered through <a href="http://www.quitworksri.org">www.quitworksri.org</a></li> <li>Recommend medication if appropriate (see pharmacotherapy pocket guide)</li> </ul>
<p><b>Step 3</b></p> <p><b>Refer</b> tobacco users to the RI Smokers' Helpline using the <a href="#">QUITWORKS-RI enrollment form</a>.</p> <ul style="list-style-type: none"> <li>Complete the enrollment form included in the packet (also available for download at <a href="http://www.quitworksri.org">www.quitworksri.org</a>)</li> </ul>	<ul style="list-style-type: none"> <li>During the visit</li> <li>In consultation with a nurse or health educator</li> <li>At discharge</li> </ul>	<ul style="list-style-type: none"> <li>Any clinical or administrative staff</li> </ul>	<ul style="list-style-type: none"> <li>Complete <a href="#">QUITWORKS-RI referral form</a></li> <li>Document in patient's medical record or EHR</li> <li>Arrange follow-up visits with tobacco users</li> </ul>

# QUITWORKS-RI

## ABOUT QUITWORKS-RI

### What is QUITWORKS-RI?

QUITWORKS-RI is a free, evidence-based, tobacco cessation referral service available for all Rhode Island health care providers

### What QUITWORKS-RI Offers

- Rhode Island's free, proven-effective tobacco cessation services—proactive telephone counseling, a website, self-help information, and referral to community tobacco treatment services
- A simple patient enrollment process with HIPAA-compliant patient authorization
- Tobacco user status reports to referring providers—the provider you choose will receive faxed information on the services each tobacco user selects and, six months later, a report of each tobacco user's quit status

Tobacco users referred using the QUITWORKS-RI enrollment form will be contacted by the Rhode Island Smokers' Helpline.

## GETTING STARTED

1. Use the Guide on the reverse side to learn how to use QUITWORKS-RI and answer key questions
2. Use QUITWORKS-RI materials available:
  - A simple enrollment form – this form can be downloaded at [www.quitworksri.org](http://www.quitworksri.org)
  - The implementation guide (on reverse side) to help focus your efforts
  - A QUITWORKS-RI brochure to be distributed to tobacco users
  - A provider pocket guide to tobacco treatment pharmacotherapy and the 5A brief tobacco intervention
  - An order form so you can obtain additional materials, free of charge
3. Start using QUITWORKS-RI today in your health care practice

For more information:

[www.quitworksri.org](http://www.quitworksri.org)

## RESOURCES

### [www.quitworksri.org](http://www.quitworksri.org)

- Website for the QUITWORKS-RI program, providing information on the program and the QUITWORKS-RI collaboration
- QUITWORKS-RI enrollment forms, provider and office practice guides, and re-order instructions available on-line

### [www.BecomeAnEx.org](http://www.BecomeAnEx.org)

- Website providing tobacco information and quitting assistance
- A self-paced, user-friendly, interactive program for tobacco users who want to quit smoking
- Success stories and in-depth expert articles

### **1-800-Quit-Now Smokers' Helpline (1-800-784-8669)**

- Services in English and Spanish with translators for other languages
- Information on tobacco, referrals to local tobacco treatment programs, and free telephone tobacco counseling
- Quit Tips available 24 hours a day in English and Spanish at 1-800-9-GET-A-TIP (1-800-943-8284)
- TTY line at 1-800-TDD-1477 (1-800-833-1477)